



KGV


sodexo
at SCHOOL

sodexo
at SCHOOL

“
**MAKE YOUR
VOICE
HEARD**
Every voice matters
”

**GIVE YOUR
FEEDBACK TO US**



 **SCAN THIS QR CODE**  **SPEAK TO A STAFF MEMBER**

sodexo

MENU MECHANISM



All our meals are
Nuts Free



All our eggs are
Cage Free



Discover
Locally Made
products



Savor
Low Carbon
footprint
produce



Ingredients
good for
Planet & Health



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



ALLERGEN DAIRY



ALLERGEN EGG



VEGETARIAN



VEGAN



MILD SPICY

A Healthy and Balanced Diet Every Day!

sodexo
at SCHOOL



Sign up for our e-Newsletter

Scan QR code to follow & visit us



**Sodexo
Hong Kong Website**



**Sodexo
Instagram**

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Jun 2 - 6

WEEKLY MENU



02/06 Monday

03/06 Tuesday

04/06 Wednesday

05/06 Thursday

06/06 Friday

SOCIAL KITCHEN | Monday: 11:00am - 1:30pm; Tuesday to Friday: 11:30am - 2:30pm

Meal A \$40 Takeaway \$37 Dine-in	Japanese Curry Chicken w/ Rice 	Bacon Mac & Cheese 	Chicken Cacciatore (Italian Chicken Stew) w/ Rice 	Sweet & Sour Pork w/ Rice 	Tori Karaage w/ Cross-Trax Fries [\$46]
Meal B \$40 Takeaway \$37 Dine-in	Baked Fish Fillet in Tomato Sauce w/ Rice OR Fusilli 	Stir-fried Chicken Thigh In Black Bean Sauce w/ Bell Pepper, Rice 	Fish Molee w/ Rice OR Pita Bread 	Beef Rendang w/ Rice 	Beef & Mushroom Casserole w/ Penne OR Rice
Meal C \$37 Takeaway \$34 Dine-in	(Vegan) Braised Eggplant in Sichuan Style w/ Omni-Meat, Rice 	(Vegan) Pumpkin Masala w/ Rice OR Pita Bread 	(Vegan) Braised E-fu Noodle w/ Assorted Mushroom 	(V) Cauliflower Alfredo Farfalle 	(Vegan) Braised Assorted Organic Veggie in Red Fermented Beancurd w/ Rice
Bowl \$40	Yeung Chow Fried Rice 	Stir-fried Flat Rice Noodle w/ Beef 	Pho Thap Cam 	Japanese Soup U-don w/ Chicken 	Taiwanese Braised Minced Pork w/ Boiled Egg, Rice

LEO'S | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36	Grilled Bacon Caesar 	Japanese Soba Noodle in Yuzu Dressing 	(V) Mediterranean Chopped Salad in Italian Dressing 	German Potato Salad 	Mixed Kale Salad w/ Parma Ham
--------------------------	---------------------------------	--	--	--------------------------------	--

PIAZZA PIZZA | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$29	Pepperoni & Cheese 	Ham & Cheese 	Bacon & Cheese 	Chicken & Mushroom 	Meat Lover
Pizza B (Vegetarian) \$29	(V) Trio Cheese 	(V) Margherita 	(V) Marinara 	(V) Trio Cheese 	(V) Margherita



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Jun 2 - 6

WEEKLY MENU



02/06 Monday				03/06 Tuesday			04/06 Wednesday			05/06 Thursday			06/06 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Japanese Curry Chicken w/ Rice			Bacon Mac & Cheese			Chicken Cacciatore (Italian Chicken Stew) w/ Rice			Sweet & Sour Pork w/ Rice			Chicken Karaage w/ Cross-Trax Fries		
	165	6	8	201	7	12	141	11	7	212	12	10	269	10	15
Meal B	Baked Fish Fillet in Tomato Sauce w/ Rice OR Fusilli			Stir-fried Chicken Thigh In Black Bean Sauce w/ Bell Pepper, Rice			Fish Molee w/ Rice OR Pita Bread			Beef Rendang w/ Rice			Beef & Mushroom Casserole w/ Rice		
	144	11	4	129	9	5	173	8	8	174	8	12	150	9	7
Meal C	(Vegan) Braised Eggplant in Sichuan Style w/ Omni-Meat, Rice			(Vegan) Pumpkin Masala w/ Pita Bread OR Rice			(Vegan) Braised E-fu Noodle w/ Assorted Mushroom			(V) Cauliflower Alfredo Farfalle			(Vegan) Braised Assorted Organic Veggie in Red Fermented Beancurd w/ Rice		
	194	9	9	149	4	4	195	5	11	145	8	11	163	6	8
Bowl	Yeung Chow Fried Rice			Stir-fried Flat Rice Noodle w/ Beef			Pho Thap Cam			Japanese Soup U-don w/ Chicken			Taiwanese Braised Minced Pork w/ Boiled Egg, Rice		
	139	6	7	156	9	5	91	7	2	128	12	2	142	7	7
Salad Box	Grilled Bacon Caesar			Japanese Soba Noodle in Yuzu Dressing			(V) Mediterranean Chopped Salad in Italian Dressing			German Potato Salad			Mixed Kale Salad w/ Parma Ham		
	196	10	13	140	6	4	150	2	11	194	10	9	185	8	13



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus

